## Focus on Two's

 JanuaryWeek One (Jan. 2-6)
Bible Theme is: Jesus goes to Church
Shape: Review Color: Green
Opposites: High/Low
Show and Tell: None
Week Two (Jan. 9-13)
Bible Theme: Come and Follow Me
Shape: Review Color: Purple,
Opposites: Long/Short
Craft: Snowman painting, long/short
puppy dog
Show and Tell: Free Choice

Week Three (Jan. 16-20)
Bible Theme: Jesus Shows us His
Power
Shape:Triangle -Color:Purple
Opposites: Front/Back
Craft: Painting with purple, paper plate snowman
Show and Tell: Something Purple

## Week Four (Jan. 23-27)

Bible Theme: 5 Loaves and 2 Fish
Shape: Triangle Color: Review
Opposites: Big/Little
Craft: Fish craft, triangle craft
Show and Tell: Something Triangle

## A few reminders:

January brings two exciting new activities for the children. First will be introducing classroom helpers. Each child will be assigned a job on Tuesdays. Jobs include: chair helper, snack helper, door helper, towel holder, line leader, and caboose.

We will also be introducing Show and Tell which will be on Thursdays. Please limit the size of the show-and-tell so that it will fit in their bag. It is helpful if your child's name is on the item.

No school on January 16th due to the Martin Luther King Jr. holiday.

Registration for the 2022-2023 school year for currently enrolled students and their siblings begins on February $20^{\text {th }}$ at 8:30am.

## Positive Parenting Tip:

Sleep has important effect on growth and the development of the mind. You can help your child achieve the 11-14 hours of recommended sleep, with 1-2 of these hours being a nap in the middle of the day, by arranging a balanced schedule, keeping a regular bedtime and making the bedroom a no-screen zone. You can cut down on bedtime complaints by giving your child control over minor choices like which pajamas to wear or what bedtime story to read.

